



Management Development Program on “Happiness Certification”

1st -6th November, 2022



**Organized by
Mittal School of Business &
Human Resource Development Center
(HRDC)**

Lovely Professional University, Phagwara, Punjab

BACKDROP AND RATIONALE

"Change" is the law of nature and stagnation is taken as a negative feature. But over the past few decades, polished information and bombarded stimulus have programmed the human mind to behave like "Robots" and experience happiness, only when a specific task is accomplished. When humans forget to be humans, the world is doomed with dissatisfaction, anger, anxiety, and jealousy which in turn, impacts both personal as well as professional fronts of individuals.

With many States Government introducing Happiness course in senior and primary education, it has created a dire need to have a lot of certified happiness coaches, for eligibility to be a happiness teacher in schools.

Why Happiness Certification?

- Happier people earn more
- ✓ Get more Success
- ✓ Help others more
- ✓ Are more Resilient
- ✓ Have better health
- ✓ Have better relationship

WHO CAN ATTEND?

- Aspiring Entrepreneurs
- Corporate Professionals
- Faculty members
- Research Scholars/Students

DURATION AND MODE

Workshop will be spread over five days with a total duration of 30 hours, comprising 8 hours of online training, 4 hours of offline training and 18 hours of e-content, e-tutorials and assessment.

METHODOLOGY

- Experiential Learning
- Case Study
- Hands-on practice assignment
- Pop-Up quizzes

CERTIFICATION

E-certificates will be awarded to the participants on meeting the eligibility criteria i.e. full attendance and minimum 50% Score in Post Training Evaluation.

SCHEDULE

Date	Time	Topic
01-11-2022	6:00-8:00	• Zones and paradox of Happiness
02-11-2022	6:00-8:00	• Building Will Over Mind
03-11-2022	6:00-8:00	• Discover Emotional Signature
04-11-2022	6:00-8:00	• Happiness and Relationship
05-11-2022	6:00-8:00	• Cultivating Workplace Happiness Culture
05-11-2022	10:00-02:00	• Embarrassing individual and workplace happiness

IMPORTANT DATES AND REGISTRATION FEE

Registration Link	*Registration Fee per participant (Rs.)	Registration Closes
	Rs 1200 /-	Oct 30 th , 2022

*Fee once paid is non-refundable

MODE OF PAYMENT

- **Online Payment:** Net Banking/Debit Card/Credit Card /UPI (G Pay,Paytm etc.)

HOW TO REGISTER

Step 1: Go to <https://www.lpu.in/HRD/>

Step 2: As a New user SIGN UP to create an Account

Step 3: Login to your Account. If already registered, you can directly Login and access your account.

Step 4: Click on “Register” to register for the desired course available on the Home page.

Step 5: Select the Payment mode and make payment accordingly.

Note: For Course Details click on “View brochure” in the “Courses available”Tab

ORGANIZING COMMITTEE & RESOURCE PANEL



Dr. Pretty Bhalla, Associate Professor, Lovely Professional University

PROGRAM DIRECTOR

Dr. Sanjay Modi, Pro-Vice Chancellor, Lovely Professional University

CONVENERS

Dr. Sunaina Ahuja, Professor and Dean, Human Resource Development Center, Lovely Professional University.

Dr. Rajesh Verma, Professor and Senior Dean Mittal School of Business, Lovely Professional University.

Dr. Lalit Bhalla, Professor and

ABOUT THE HOST INSTITUTION

Lovely Professional University LPU is listed among the top two hundred universities in the world by the prestigious Times Higher Education impact ranking 2021. The success is achieved by the unmatched ability of the university in ensuring inclusive and equitable quality education and promoting lifelong learning opportunities to all, promoting inclusive and sustainable economic growth, full and productive employment and strengthening the means of implementation and revitalizing the global partnership for sustainable development. It is one of the top 100 Indian universities as per NIRF Ranking 2021. An eco-friendly, high-tech campus sprawling along the National Highway at the entry of Jalandhar City, welcomes you. The University is acclaimed for academic excellence and multidisciplinary program offerings. The University is among the top 25 institutions in India, recognized for promoting innovation and entrepreneurship by MHRD, GOI. Every year thousands of students are mentored to emerge as global citizens and seasoned professionals, as a result of the curriculum, pedagogy, evaluation schemes and holistic development initiatives adopted at the University

LPU-Human Resource Development Center (LPU-HRDC) is mandated with the charge of Faculty Development and Outreach Training. HRDC engages with the maestros in industry and academia to ensure capacity building for developing industry ready professionals. Outreach Training Programs organized by LPU-HRDC focus on core-competence development, experiential learning approaches, and developing sustainable systems. LPU-HRDC hosts the local chapter of SWAYAM – NPTEL

offering Massive Open Online Courses in all disciplines.

Mittal School Of Business

Is one of India's foremost business schools known for innovative pedagogy and deep academic industry interface. Mittal School of Business Is among the First 10 Institutions in India to Get ACBSP (USA) Accreditation. It is now one of the top 50 Management Institutions in the latest NIRF Ranking.

PROGRAM COORDINATORS:

COORDINATORS

Mr. Sarabjit Singh Kwatra, Deputy Dean, Human Resource Development Center, Lovely Professional University.

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